

1. 300 First (GF menu)

(507) 281-2451

300 First Ave NW, Rochester, MN 55901

<http://www.cccrmg.com/300first.htm>

2. Back Room Deli (GF menu)

(507)289-9061

1001 6th St NW, Rochester, MN 55901

Good Food Store

<http://www.rochestergoodfood.com>

3. BB's Pizzeria (GF menu)

(507) 424-3366

3456 E Circle Dr, Rochester, MN 55906

Across from Cinnemagic Chateau Movie Theaters

4. Bogus Creek Restaurant

Stockholm, WI

(715) 442-5017

This restaurant has great food and atmosphere. It's located in Stockholm, WI, a fun, artistic, shopping adventure town on the Mississippi River. Take Wabasha Bridge over and it's just beyond Pepin. Ask for the owner.

5. The Bread Baker Co

(507) 289-7052

16 17th Ave NW, Rochester, MN 55901

Micracle Mile Shopping Center

<http://www.breadbakercompany.com/>

6. Canadian Honker Restaurant (GF menu)

(507) 282-6572

1201 2nd St SW, Rochester, MN 55902

<http://www.canadianhonker.com/>

7. Carlos O'Kelly's Mexican Cafe (GF menu)

(507) 282-2590

4825 Highway 52 N, Rochester, MN 55901

8. Central Park Coffee Co

(507) 451-4242

113 North Cedar Avenue, Owatonna, MN 55060-2303

<http://www.centralparkcoffeeco.com/>

9. Chester's Kitchen & Bar (GF menu)

(507) 424-1211

111 S Broadway Ste 108, Rochester, MN 55904

The Shops at University Square (Galleria)

<http://www.chesterskb.com/>

10. China Star

white sauce and steamed rice; no garlic sauce

(507) 281-0014

405 1st Ave SW, Rochester, MN 55902

11. Chipotle Mexican Grill - 2 Rochester locations

(507) 529-5484

1201 S Broadway, Rochester, MN 55904

(507) 288-9171
3780 Marketplace Dr NW, Rochester, MN 55901
<http://www.chipotle.com/>

12. City Cafe (GF menu)

(507) 289-1949
216 First Ave SW, Rochester, MN 55902
http://www.cccrmg.com/city_cafe.htm

13. Cuisine of India

7 - 12th St
(507) 281-1523

14. Dairy Queen - 3 Rochester Locations

538 North Broadway
(507) 288-3863
4140 Frontage Road East
(507) 281-0762
320 12th Street SE
(507) 282-8633
www.dairyqueen.com

15. Daube's

* special order cheesecake without the crust, sugar-free is also an option
(507) 289-3095
1310 Fifth PI NW - Rochester, MN 55901
<http://www.daubesbakery.com/>

16. Dos Amigos II

* fajitas with corn tortillas
(507) 282-3300
20 4th St SE, Rochester, MN 55904
<http://www.dosamigosminnesota.com/>

17. El Carambas (GF menu)

(507) 281-3104
1503 Highway 14 E, Rochester, MN 55904

18. Famous Dave's

* ask for the ingredient binder
(507) 282-4200
431 16th Ave NW, Rochester, MN 55901
<http://www.famousdaves.com/>

19. Fiesta Cafe (GF menu)

(507) 288-1116
1645 Broadway Ave N, Rochester, MN 55906

20. Green Mill Restaurant (GF menu)

(507) 282-4222
2723 Commerce Dr NW, Rochester, MN 55901
<http://www.greenmill.com/>

21. Godfather's Pizza

* gluten free pizza made in dedicated factory
* eat in or take home & bake

(507) 288-7515
1611 16th St NW, Rochester, MN 55901
Hillcrest Shopping Center
<http://www.godfathers.com/>

22. Hubbell House (GF menu)

(507) 635-2331
502 N Main St, Mantorville, MN 55955
<http://www.hubbellhouserestaurant.com/>

23. HuHot Mongolian Grill

* ask for allergen guide and request the grill to be cleaned before going up
(507) 206-4450
102 Apache Mall, Rochester, MN 55902
<http://www.huhot.com/>

24. Hunan Wok Express

(507) 281-2782
1203 7th St NW, Rochester, MN 55901

25. India Curry House

(507) 288-5001
1647 S Broadway, Rochester, MN 55904

26. Jenpachi Japanese Steak House

(507) 292-1688
3160 Wellner Dr. NE
Across from Cinnemagic Chateau Theatres
Cook right at your table. Bring your own soy sauce.

27. Michaels Restaurant (GF menu)

(507) 288-2020
15 S Broadway, Rochester, MN 55904
<http://www.michaelsfinedining.com/>

28. Mayo Clinic

Methodist Cafeteria Mayo Employee Cafeteria
St Mary's Guest Cafeteria

29. Mr. Pizza North (GF menu)

(507) 252-9400
4040 28th St. NW
Rochester MN 55901
<http://northmrpizza.com/>

30. Newt's

Voted Best Burgers by Rochester Magazine 6 years in a row
Burger without the bun & fries
* check for oil cross contamination for french fries
(507) 289-0577
216-1/2 First Ave SW, Rochester, MN 55902
<http://www.cccrmg.com/newts.htm>

31. Noodles & Co

* ask for the allergen guide
(507) 285-1111
3944 Marketplace Dr NW, Rochester, MN 55901

<http://www.noodles.com/>

32. Nupa

* ask for Ted; no gyro meat

(507) 206-5044

1035 Civic Center Drive, Rochester, MN 55901

<http://www.nupaexpress.com/>

33. Olive Garden (GF menu)

(507) 288-8722

380 17th Ave NW, Rochester, MN 55901

<http://www.olivegarden.com>

34. Outback Steakhouse (GF menu)

(507) 252-1150

1201 S Broadway, Rochester, MN 55904

<http://www.outbacksteakhouse.com/>

35. Panera - 2 Rochester locations

* ask for the ingredient binder

(507) 424-6303

3265 19th St NW, Rochester, MN 55901

(507) 285-5800

460 Crossroads Dr SW, Rochester, MN 55902

<http://www.panerabread.com/>

36. Paradise Pete's (GF menu)

* pizza & entrees

(507) 287-8700

14 17th Ave NW, Rochester, MN 55901

Miracle Mile Shopping Center

<http://www.myspace.com/paradisepetes>

37. Pescara

* flourless chocolate cake

(507) 280-6900

150 S Broadway, Rochester, MN 55904

Doubletree Hotel

38. Pho Tai

1726 37th St NW, Rochester, MN 55901

(507) 281-9993

39. Prescotts (GF menu)

(507) 536-7775

1201 S Broadway Ste 80

Rochester, MN 55904

<http://www.prescottsgrill.com/>

40. Roscoes (GF menu)

(507) 285-0501

603 4th St SE, Rochester, MN 55904

<http://www.roscoesbbq.com/>

41. Roscoes Express (GF menu)

(507) 281-4622

3456 E Circle Dr NE, Rochester, MN 55906

Across from Cinnemagic Chateau Movie Theaters
<http://www.roscoesbbq.com/>

42. Sontes (GF menu)

(507) 292-1628
4 3rd St SW, Rochester, MN 55902
<http://www.sontes.com/>

43. Twigs Tavern and Grille (GF menu)

(507) 288-0206
401 6th St SW, Rochester, MN 55902
Best Western Soldiers Field
<http://www.twigstavernandgrille.com/>

44. Valentino's Pizza & Pasta

(507) 281-2100
130 Elton Hills Ln NW, Rochester, MN 55901
<http://valentinos.com/>

45. Victoria's Ristorante & Wine Bar (GF menu)

(507) 280-6232
7 First Ave SW
Rochester MN 55902
<http://www.victoriasmn.com/>

46. Whistle Binkies

(507) 289-9200
3120 Wellner Dr NE, Rochester, MN 55906
<http://www.whistlebinkiespub.com/>
Whistle Binkies on the Lake
(507) 424-1227
247 Woodlake Dr SE, Rochester, MN 55904
<http://www.whistlebinkiespub.com/>

47. Wong's Restaurant

(507) 288-3730
1654 Highway 52 N, Rochester, MN 55901
Hillcrest Shopping Center

48. zpizza (GF menu)

(507) 424-0440
111 S Broadway, Rochester, MN 55904
The Shops at University Square (Galleria)
<http://www.zpizza.com/>

49. Zorba's Greek Restaurant (GF menu)

(507) 281-1540
924 7th St NW, Rochester, MN 55901

50. Z Zest Culinary Market & Wine Cafe

Chef's Tasting Choice
(507) 424-0080
1190 16th St SW, Rochester, MN 55902
<http://zzestmarket.com>

51. Five Guys

* burger without bun & fries

(507) 288-1464
2800 41st St NW, Rochester MN 55901
<http://www.fiveguys.com/>